

City of Kent Parks, Recreation and Community Services Parent/Legal Guardian Permission Please read reverse side of this form



Important Notice: As of April 11, 2010, no child UNDER the age of 14 years may participate as a player on any City of Kent Adult Softball team. Players who are age 14-17 years old may participate only after Program Coordinator receives this completed form.

Full Name of Minor Participating			
Address	City Zip		
Birth Date/ Age	Male Female		
Home Phone () Emergency Contact Phone #1 () Emergency Contact Phone #2 ()			
Name of Team: Manage			
League/Division:			
Parent or Legal Guardian(s) must initial #1 and sign and date at the bottom of this form.			
1. I/We, the undersigned, are aware that the activity of softball involves numerous risks of injury, including death, and I/We freely assume those risks for the minor, under our care, participating in adult softball program. (Initials):/			
2. I/We, the undersigned, hereby verifies have complied with the mandated policies for the management of concussions and head injuries as prescribed by RCW 28A.600.190. A Copy of text of this statute is provided on the back of this form. (Initials):/			
	I/We are voluntarily allowing the minor under our care to participate in the City of Kent Parks, Recreation and Community Services Adult Softball Program and related events and activities.		
I/We herby release and hold harmless the City of Kent, its elected and appointed officials and employees, the organizers, sponsor, supervisor, umpires, or any volunteer connected with the program from any and all claims, injuries, damages, losses or suits, including attorney fees, arising out of or in connection with the program.			
I/We grant full permission to use any photographs, videotapes, motion pictures, recordings or any other record of this program for any City of Kent informational and promotional use.			
6. I/We hereby certify the above named minor is eligible according to City of Kent Parks and Community Services league rules and regulations and hereby agree that such named minor will abide by such rules and regulations.			
7. I/We agree that this AGREEMENT AND RELEASE OF LIABILITY is intended to be as broad and inclusive as is permitted by law. Any provision found to be invalid or unenforceable by a court shall not affect the validity or enforceability of any other provision.			
8. I/We are aware that this contract is legally binding and that I/We are releasing the legal rights of the minor under my/our care by signing it. I/We are voluntarily signing this agreement and it is intended to be binding on my/our heirs, personal representatives, next of kin, and assigns.			
DDINTED MANE OF SASSINT # FOX SWITTER	CLONATURE	//	
PRINTED NAME OF PARENT/LEGAL GUARDIAN	SIGNATURE	DATED	
PRINTED NAME OF MINOR	SIGNATURE	// DATED	
Return to: Kent Parks, Recreation & Community Serv			

Kent Commons Building 525 4th Ave N Kent, WA 98032-4497

Phone: (253) 856-5000 FAX: (253) 856-6000

RCW 28A.600.190

Youth sports — Concussion and head injury guidelines — Injured athlete restrictions — Short title.

- (1)(a) Concussions are one of the most commonly reported injuries in children and adolescents who participate in sports and recreational activities. The centers for disease control and prevention estimates that as many as three million nine hundred thousand sports-related and recreation-related concussions occur in the United States each year. A concussion is caused by a blow or motion to the head or body that causes the brain to move rapidly inside the skull. The risk of catastrophic injuries or death are significant when a concussion or head injury is not properly evaluated and managed.
- (b) Concussions are a type of brain injury that can range from mild to severe and can disrupt the way the brain normally works. Concussions can occur in any organized or unorganized sport or recreational activity and can result from a fall or from players colliding with each other, the ground, or with obstacles. Concussions occur with or without loss of consciousness, but the vast majority occurs without loss of consciousness.
- (c) Continuing to play with a concussion or symptoms of head injury leaves the young athlete especially vulnerable to greater injury and even death. The legislature recognizes that, despite having generally recognized return to play standards for concussion and head injury, some affected youth athletes are prematurely returned to play resulting in actual or potential physical injury or death to youth athletes in the state of Washington.
- (2) Each school district's board of directors shall work in concert with the Washington interscholastic activities association to develop the guidelines and other pertinent information and forms to inform and educate coaches, youth athletes, and their parents and/or guardians of the nature and risk of concussion and head injury including continuing to play after concussion or head injury. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the youth athlete and the athlete's parent and/or guardian prior to the youth athlete's initiating practice or competition.
- (3) A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time.
- (4) A youth athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and receives written clearance to return to play from that health care provider. The health care provider may be a volunteer. A volunteer who authorizes a youth athlete to return to play is not liable for civil damages resulting from any act or omission in the rendering of such care, other than acts or omissions constituting gross negligence or willful or wanton misconduct.
 - (5) This section may be known and cited as the Zackery Lystedt law.